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What is to come we know not, but we know that what has been was good—was good to show. Better to hide, and best of all to bear. We are the masters of the days that were. We've lived, we've loved, we've suffered—even so. Let the great winds their worst and wildest blow. Or the gold weather around us mellow slow. We have fulfilled ourselves and we can dare. And we can conquer, though we may not share. In the rich quiet of the after-glow. What is to come?—William E. Henley.

OPEN A ROAD TO THE RANGE.

Senator Fulton can do Umatilla county and the Umatilla Indian an infinite amount of good by securing the repeal or revocation of the ruling that taxes sheepmen \$1 per head for alleged trespass in crossing reservation lands in going to and coming from the summer ranges with their herds.

This ruling was never intended for use, and yet it remains in force and is a constant menace to the welfare of the Indian.

There is a state law against trespass, and that should be sufficient, both for the Indian's protection and the white man's guidance, even though the reservation is under federal control.

The Indian knows that this ruling is in force, and yet he rarely, if ever, sees it enforced. This causes him to lose respect for all other federal laws. He becomes insolent and offensive without cause, and thinks the government will support him in forcibly expelling white men's stock from the reservation range, while he claims unlimited license to run scabby cayuses promiscuously all over the white man's holdings and is deeply offended if it is suggested that he remain on his own ground.

The future welfare of the Indian depends on his association with and imitation of the white man and his customs. If he is forced to remain on the reservation he will not get this benefit, and his progress will be handicapped.

The Indian must get away from the idea that laws in his favor are to be enforced and that laws restricting him and regulating his conduct are to be ridden down with impunity. This idea is prevalent among the Umatillas and perhaps among all other reservation tribes.

If the government hopes to civilize the Indian and make him useful to himself, it must quit pampering him and make him know that he is on an equality with the white man, and that his own conduct must be regulated toward the whites, as well as the whites' conduct toward him.

If this ruling forbidding sheep to pass over the reservation is not modified, great injury will be done Umatilla county stockmen and greater injury will be done the Indian, because the stockmen will see that both sides of the federal rulings are enforced and the Indian will be confined to the reservation.

Nothing more serious could happen to the Umatilla than this. Their very best progress is made through association with the whites and no crisis should arise that would restrict this in any way.

There is no doubt in the minds of physicians and scientists that the professional and sedentary classes eat too much. Half the nervous diseases that are moping away the life of the man who does office work and inside work, are due to three big meals eaten every day and a lack of exercise. It is a fact that eating becomes largely a habit. Men do not require the enormous quantities of food they consume. It clogs the blood, weakens the stomach, overloads the system

and overloads the heart, brain and kidneys and the common ill that kill seemingly strong men in the prime of life, result. Abstinence, exercise, temperance and judgment practiced in the matter of diet will add years to every life. Seeking a climate or physicians to cure ill brought on by intemperance, gluttony and injudicious eating is a sad and empty mission for the wrecked system to undertake. Men carefully select the kind and quantity of food they feed their Jersey cow, their driving horse or their bird dog, but as for their own stomachs, they have little respect. They become alarmed to see a steam boiler crowding to the bursting point—but a human stomach has no safety valve, except the voracious appetite. Walk more, eat less and live longer. Better be lean and live than to be a plump plethoric subject for the worm.

The "Trail" at the Lewis and Clark fair will be incomplete without a village of Indians. To easterners such a village properly equipped and conducted would be almost as instructive and interesting as the Philippine exhibit to the westerner. The savage side should not be presented alone, but Indian art, home life, educational exhibits from the agency schools, their food, clothing, implements and customs should all be truthfully portrayed. To Umatilla county, and in fact to all Oregonians, such a village would be commonplace and even ludicrous, in the presence of the grander art treasures and industrial wonders collected there; but to the easterner, every feature of Indian life would be a revelation, every phase of it an educational feast. The fair to be truly typical must have an Indian exhibit.

Misunderstanding of the meaning of the Australian ballot law caused the republicans to lose seven of the eight electoral votes of Maryland. Fully one-half of the republican voters of that state voted a cross opposite the name of the first elector under the republican column on the ballot and consequently elected this one man. Owing to this mistake enough democratic ballots were marked properly to elect seven democratic electors, when the state would have carried overwhelmingly for Roosevelt, but for this grievous mistake of republican voters. It should be still more difficult to mark a straight party ticket correctly. The more mental effort required to vote, the better fitted will the voter become to cast a ballot.

It is estimated that the immense water supply of New York City, secured and delivered to the city mains at a first cost of over \$30,000,000, would only be sufficient to irrigate 10,000 acres of land.

This is the first time since 1863 that Missouri has been carried by the republicans. In that year, during the reconstruction period, the state went republican under the so-called "bayonet rule."

TRADE WITH CANADA.

Uncle Sam and Canada should be upon better trade relations.

The value of American exports to Canada for the first nine months of this year was \$103,000,000. For the corresponding months of 1902 it was \$82,000,000. Here is a gain of 24 per cent. It is due to the steady, substantial growth of the population of the Dominion. Immigration is increasing and will continue to do so.

This trade should not be hindered by unfair tariff bars.

The United States sends to the Dominion now as much as to Asia, Africa, Oceania and Central America.

If we can afford to cultivate reciprocity arrangements with far-off countries, surely we can well afford to be neighborly with such an excellent neighbor as Canada—Live-stock World.

The postoffice department has issued fraud orders against the Montana Co-operative Ranch Company, the Manchester Woolen Mill Company and the Montana Co-operative Bank and Sam H. Wood, all of Great Falls, Mont. The four are carrying an alleged capital of \$10,000,000.

NEW IDEAS

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WAR.

They balance the books—for a soldier's life is measured by profits on new-found trade. The mother who gave her son to the strife is told to rejoice at the profits made. And the old flag floats o'er the broad blue sea Above the heads of a subject race; And they say the stain is hidden by gain. And the profits will balance the flag's disgrace.

They measure the flag by dollars and cents; They offer the boys on the field for gain. The bloodshed wrought gives them no offense. For their profits roll in the empire's train. The widow's son sleeps his long, last sleep. In a far-off land, but she should not sigh. For the "books" are square—and the pages fair. Will show that the profits are mounting high. —Will M. Maupin.

CANADA'S CENTENARIAN.

The Canadian senate boasts the oldest legislator in the British empire. He is David Wark of Fredericton, N. B. and Canada has reason to be proud of this wonderful old gentleman. Senator Wark presents a striking figure in the capital. He has the appearance of having once possessed a powerful frame. His hair is white and his head is slightly bowed by the weight of years. He has wonderful blue eyes and aristocratic features, making him one of the rare men that, once seen, are never forgotten. Senator Wark attributes his long, unbroken life of health to temperate habits. He detests liquor. He detests tobacco and has never smoked. His motto, "Early to bed and early to rise" is an imperative injunction in his life. Almost throughout his entire life Senator Wark took only two meals daily, and those have been always of a frugal character.—Bernard McFadden.

PRUDERY VERSUS TRUTH.

The logic of events conclusively proves prudery to be a monumental curse of widespread and colossal influence. Smilingly insistent, ever-present, every ready to crush truth beneath her feet, she comes sinuously forward, corseted and deformed, holding in her hand for free distribution the "fig-leaved apron," woven of fashion plates, delusion, lies and deceit, eagerly welcomed by the multitude of her devotees, composed of wrecked, debauched manhood and womanhood. She holds forth to her delighted audience the advantages of a life apart from motherhood and care of children, in diametrical opposition to nature, while truth, down-trodden, "lies fallen in the street," an abstract element in the plane of life's economy.—Physical Culture.

Payette, Idaho, will have water works. The contract cost will be \$18,774.44.

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There is comfort in the knowledge so often expressed, that Dr. Kilmer's Swamp-Root, the great kidney remedy, fulfills every wish in curing rheumatism, pain in the back, kidneys, liver, bladder and every part of the urinary passage. It corrects inability to hold water and scalding pain in passing it, or bad effects following use of liquor, wine or beer, and overcomes that unpleasant necessity of being compelled to go often during the day, and to get up many times during the night. The mild and the extraordinary effect of Swamp-Root is soon realized. It stands the highest for its wonderful cures of the most distressing cases. If you need a medicine you should have the best. Sold by druggists in fifty-cent and one-dollar sizes. You may have a sample bottle and a book that tells all about it, bottled free by mail. Address Dr. Kilmer & Co., Binghamton, N. Y. When writing mention this paper and don't make any mistake, but remember the name, Dr. Kilmer's Swamp-Root, and the address, Binghamton, N. Y.



IT'S NEAR TIME

you were thinking of the jewelry you intend to buy this year. Before you know it Thanksgiving and its turkey will be gone and the holidays upon you. Let us suggest that

THE LARK'S BIRD

proverb applies to the choice of jewelry. Why not come and make your selections leisurely? Take plenty of time for choice, because the assortment is greatest now. If you do not care to purchase at once, we will arrange to reserve anything you want till you are ready.

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